

# VOTE IZZY ROSS [1] FOR SUPPORT ZONE



## ABOUT ME

I'm a second year Medicinal Chemistry Student who is passionate about improving support for Surrey students to ensure everyone has a great university experience.

I would love the opportunity to be a part of Support Zone due to my own experience with mental health as well as being an ALS student. This has given me the knowledge, understanding and compassion to be able to support others.



## EXPERIENCE

- ZenSoc VP 18/19
- Nightline  
Publicity  
Ambassador  
18/19
- Mind Wellbeing  
Volunteer 16/17

#izzy4supportzone



**VOTING OPENS TUESDAY 26<sup>TH</sup> AFTER  
QUESTION TIME UNTIL SATURDAY 2<sup>ND</sup>**

## SUPPORT AND AWARENESS

### TRAINING FOR STAFF

We need up to date and top-up training for lecturers and personal tutors when it comes to disabilities, mental health and invisible illnesses. There needs to be more awareness of different issues and support services so all students feel supported.

### IMPROVE STUDENT

### WELLBEING SUPPORT

Waiting lists for mental health services are long and students may need support during that waiting period and at other times throughout the year. I want to encourage more self-help initiatives and raise awareness of the Big White Wall and ALS workshops to help support students.

### SUPPORT ON PLACEMENT

Going on placement can be scary and very stressful. It is easy for some people to become disengaged and have a bad experience. More support needs to be provided for those students who need it and should not be made to feel ashamed to ask for help.